Solar Eclipse: What happens when the world goes completely BONKERS
By Zoe Drewett / Published 14th March 2015
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Many areas around the country will be plunged into complete darkness during the solar eclipse on Friday.

Scotland will see a massive 94 per cent of its sun rays completely blocked out – but that isn’t the weirdest thing that happens during the eclipse.

We compiled a list to show how the eclipse can turn the world completely bonkers...

Be careful – you might get addicted
Umbraphiles or "shadow chasers" are people who chase eclipses all around the world.

They become weirdly addicted to it.

Sometimes the same group of shadow chasers will meet up again and again from all corners in need of their next hit of solar eclipse goodness.

Don’t want to go blind? Urine luck
Don’t stare at the sun without your safety glasses on. It's pretty obvious.

If you do accidentally look at the solar eclipse without glasses (DON'T) but if you do, just wash your eyes out with urine.

Yep.

People in India think you should wash your eyes out with urine during the eclipse to stop them from ever hurting again.

But they also think you shouldn’t sleep with wet hair or you might turn into a lunatic and you should take a bath before AND after a solar eclipse to wash away evil spirits.

...Eclipses are tough.

It’s the end of the world as we know it
Well, probably not, but people in Thailand aren't taking any chances.

Many Thai folk think an eclipse is the first sign of the end of the world. In years gone by they thought an evil
spirit was to blame for the disappearance of the sun – so people would bang pots and set off fireworks to scare the spirit away.

**Animals go bloomin' CRAZY**

Poor old animals. They just don't have a clue. Why would it be dark when it's meant to be light? Why am I awake when I could be asleep? Why won't my owners just feed me constantly like I keep asking them to? (etc, etc)

Animals' bodyclocks get all messed up so those that generally sleep at night will actually begin to get ready for a nap, while nocturnal animals wake up and move around.

This leaves everyone very confused, which is always hilarious, so you might wanna watch your pets for this one.

**Get your best red pants out**

What do you mean you don't have "best" pants? Anyway you better wear some red undergarments during the eclipse because otherwise bad things will happen.

In some Latin American countries people believe pregnant women should wear red underwear and a safety pin to prevent birth defects. The red pants theory stems from ancient Mayan and Aztec beliefs.

In fact, being pregnant during a solar eclipse is generally not a good idea all round.

In India pregnant women were told not to even leave the house during the eclipse to stop them giving birth to blind babies or one with a cleft lip.

**Eskimos have a VERY specific safety requirement**

Disease strikes the Eskimo people – or Inuits – whenever they forget to place their cutlery upside-down during an eclipse.

Next time you’re snowed under in your igloo during an eclipse, chowing down on fresh fish steaks – don’t forget to turn your spoons, forks and knives upside-down.

This a sure way to stop the sick sun and moon from poisoning you by shining their rays onto your cutlery.

**Beware of ghosts**
Is it possible that more paranormal activity occurs in times of severe weather or solar activity? There is belief among the paranormal community that it’s not only possible but it is more probable.

So when the earth descends into darkness during the eclipse it will certainly feel more spooky – and it might even be more ghostly too.

**Whatever you do, don’t eat**

In parts of India, people don’t eat during a solar eclipse and give away any food that lies uneaten.

This comes from a belief that any food cooked while the eclipse takes place, will be poisonous and impure.

So there you have it – the solar eclipse is one WEIRD time to be alive.